



THE FAITH & WORK

CLASSROOM

Sources for Further Study

Counseling Against Shame

<https://classroom.denverinstitute.org>



- Curt Thompson, [The Soul of Shame: Retelling the Stories We Believe About Ourselves](#)(2015)
- Curt Thompson, [Anatomy of the Soul: Surprising Connections between Neuroscience and Spiritual Practices that can Transform your Life and Relationships](#) (2010)
- Pat Ogden, [Trauma and the Body: A Sensorimotor Approach to Psychotherapy](#)(2006)
- Rowan Williams, [Being Human: Bodies, Minds, Persons](#) (2018)

Notes:
